



South Lane Physical Therapy



Orthopedic • Sport • Spine

PHYSICAL THERAPY EXPECTATIONS

"The Secrets to Success"

You have just started Physical Therapy, which is a TEAM EFFORT between you and your Physical Therapist. As such, this requires some effort on your part by:

1. *Following the directions and recommendations made by the therapist.*
2. *Communicating via telephone in a timely manner if there is any significant change in your condition or any difficulty in effectively performing your home program.*
3. *Performing your Home Program as directed.*
4. *Regular attendance of scheduled visits.*

We find that the patients who follow the above do far better than those who do not and generally experience a faster recovery.

*We ask you give us at least 24 hours notice if you need to make a cancellation or reschedule an appointment.

*You will be charged a \$50 no-show fee if you fail to attend your scheduled session without notice. You may be charged a \$25 cancellation fee if canceling the day prior to or the day of your scheduled appointment.

If you have 2 "no-show" visits, therapy will be put on hold until you contact your physical therapist.

We look forward to working with you to give you the best opportunity of having an EXCELLENT RECOVERY.